

# Spring specials

Try some of our new healthy eating specials this spring time.....

**Jacket potato (without butter)    £4.10**  
**with a creamy ham &**  
**pineapple OR**  
**mushroom stroganoff filling**  
**served with a salad garnish.**

*Creamy ham & pineapple filling: chopped lean ham, fresh pineapple, fat free fromage frais, light mayonnaise and garnished with spring onions.*

*Mushroom stroganoff filling: mushrooms, green beans and red peppers in a creamy tomato sauce (made with extra light Philadelphia).*

**Homemade Tomato & Basil            £3.60 (regular size) /**  
**Soup served with crusty bread or    £2.50 (small size)**  
**wholemeal roll.**

*Tomato, carrot, onion, garlic, basil & passata.*

*None of these dishes (except stroganoff) have added oil.*